

PANAMA CITY 2018 - ITINERARY & INFORMATION

- We will leave FBC at 7:30am on July 8 (students need to be at the Crossing by 7:10am). We will return around 7:30pm on July 13
- We'll be staying at Laguna Beach Christian Retreat, 850-234-2502
- Transportation to Panama City is provided by Chariots of Hire
- The cost of the trip covers everything except meals on the way to and from Panama, students can also bring extra \$\$ for possible pier fishing, a Wal-Mart trip and if they want to purchase food at the snack bar on property
- Each day the students will be in 3 Bible Study classes, they'll have around 5 hours of free time and then each night we have a powerful worship service and message
- In case of emergency contact Scott Carter; 712-0366 or Craig Wells; 654-5692

What to bring

- Twin size sheet set
- Blanket or sleeping bag
- Pillow/pillowcase
- Bath towels/wash cloths
- Beach towels
- Bible
- Sunscreen
- Soap & toiletries
- S.C.A.B. (Scott Carter approved bathing suit) NO tankinis or two-pieces or one-piece mesh-middles or speedos)...if you can't afford to purchase the required one-piece, you will be required to wear a full size dark colored t-shirt over your bathing suit at all times.

Theme Nights

- Monday – Jersey/team night
- Tuesday – Christmas in July
- Wednesday – Picture Perfect Prep Night